



'I See'

*I see a young woman like me
Lay on a bed
In an environment of unfamiliarity*

*I see a young woman like me
Not entirely herself
Unwell and appearing unhappy*

*I see a young woman like me
Wanting to go home
And asking when she may leave*

*I see a young woman like me,
Trying to get up to find out
Where she might be*

*I see a young woman like me
Repeatedly shouting nurse
In hope to feel some security*

*I see a young woman like me
Calling nurse for a drink
Wanting a cup of tea*

*I see a young woman like me
Attended to by a nurse
Now appearing settled and happy*

*I see a young woman like me
With a young woman's needs
But a little more wrinkly*

*I see a young woman like me
Human like us
What do you see?*

Karishma Mann

School of Nursing and Midwifery, Faculty of Health Sciences, Staffordshire University, UK
E-mail: m004349b@student.staffs.ac.uk